

7th Biennial Cambridge International Conference on Mental Health 5th – 6th September 2019

Thursday 5th September (Day 1)	
0800-0900	Registrations
Symposium 1: OCD (Chair: Dr Zaman & Prof Robbins), Riley Auditorium (RA) 0905-1025	
0900-0905	Rashid Zaman (Cambridge, UK) <i>Welcome and Opening Remarks</i>
0905-0935	Trevor Robbins (Cambridge, UK) <i>Reappraising OCD as a problem of goal-directed behaviour and cognitive flexibility</i>
0935-0950	Marjan Biria (Cambridge, UK) <i>Novel approaches to investigate OCD</i>
0950-1015	Naomi Fineberg (UK) <i>Advances in Diagnosis and Treatment for OCD and Related Disorders</i>
1015-1020	Q & A
Symposium 2: Brain Stimulation (Chair: Dr Zaman & Prof Baeken), Riley Auditorium (RA) 1025-1125	
1020-1045	Chris Baeken (Belgium) <i>Placebo responses of non-invasive brain stimulation in depression: brain imaging findings</i>
1045-1105	Dockx R. (Belgium) <i>Ambiguous role of the serotonin transporter in the neurobiological mechanism of accelerated HF-rTMS paradigms</i>
1105-1125	Cynthia Fu (UK) <i>tDCS: the evidence for its efficacy in depression</i>
1125-1145	Coffee/Posters
1145-1210	Wendy Burn (RCPsych, UK) President of RCPsych <i>The Future of Psychiatry</i>
1210-1235	Peter Jones (Cambridge, UK) Deputy Head, Cambridge School of Clinical Medicine <i>Co-production of psychiatry textbooks with students and teachers - a Trojan horse for recruitment</i>
1235-1300	Barbara Sahakian (Cambridge, UK) <i>Improving cognitive dysfunction and motivation in Neuropsychiatric Disorders</i>
1300-1350	Lunch/Posters
Symposium 3: Schizophrenia & Depression (Chair: X & Y), Riley Auditorium (RA) 1350-1440	
1350-1410	Raymond Chan (China) <i>Altered functional connectivity of the Default Mode Network in patients with schizo-obsessive comorbidity</i>
1410-1425	Daria Smirnova (Russia) <i>Language of depression: how it is spoken, what it is about and why it is important to listen</i>
1425-1440	Antonella Vacca (Italy) <i>Identification and evaluation of cognitive deficits in schizophrenia using the "Machine Learning"</i>
Symposium 4: Affective Disorders (Chair: X & Y), Riley Auditorium (RA) 1440-1510	
1440-1500	Jacques D., Zdanowicz N., Reynaert Ch., Lepiece B., Dubois T. (Belgium) <i>Family relationships and health locus of control as co-variables in the evolution of major depressive disorder.</i>
1500-1510	Maria Węgielnik-Gałuszko (Poland) <i>Efficacy of ketamine in depression-focus on anhedonia</i>
1510-1530	Tea/Posters



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Symposium 5: Immunopsychiatry (Chair: Dr Golam Khandaker & Prof Ed Bullmore), Riley Auditorium (RA) 1530-1655	
1530-1550	Golam Khandaker (Cambridge, UK) <i>IL-6/IL-6R Pathway as a Potential Treatment Target for Depression</i>
1550-1610	Rachel Upthegrove (UK) <i>Neuroimmunology and Psychosis: lessons challenges and precision medicine opportunities</i>
1610-1630	Dr Valeria Mondelli (UK) <i>Immune biomarkers in psychiatry and their relevance for treatment strategies</i>
1630-1655	Ed Bullmore (Cambridge, UK) <i>Inflammation and depression</i>
Medical Students Competition	
1655-1710	Medical Students Award Ceremony, Riley Auditorium (RA)
1710-1715	Dr Zaman <i>Close of the day remarks</i>
1845-1930	Drinks at Scholars or Fellows (TBC) Garden, Clare College
1930	Gala Dinner at Great Hall, Clare College

Thursday 5th September (Day 1)	
Day 1, Parallel session, Italian symposium, (Chair: Dr Tavormina & Dr Y), Elton-Bowring Room, 1st floor	
1025-1045	Giuseppe Tavormina (Italy) <i>Bipolar disorders and bipolarity: the notion of the “mixity”</i>
1045-1055	Francesco Franza (Italy) <i>The emotional and psychological burden of the “burnout” in families of psychiatric patients</i>
1055-1105	Maria Vincenza Mino (Italy) <i>Psychopathy in adolescence: causes, traits and risk behaviours</i>
1105-1115	Maria Rosaria Juli (Italy) <i>The “imperfect beauty” in eating disorders</i>
1115-1125	Maria Grazia Spurio (Italy) <i>Strategic training: the magical world of change</i>
1125-1145	Coffee/Posters
Parallel session, Medical Student presentations competition (6 mins each), Elton-Bowring Room, 1st floor	
1145-1300	Session 1, (Chair X & Y) 1145-1300 (6 mins each, 10 presentations), Total: 60 mins
1300-1350	Lunch/ Posters
Parallel session, Medical Student presentations competition (6 mins each), Elton-Bowring Room, 1st floor	
1350-1510	Session 2, (Chair X & Y) 1340 – 1510 (6 mins each, 13 presentations), Total: 78 mins
1510-1530	Tea/Posters
Parallel session, Czech symposium, (Chair: Prof Horacek & Dr Brunovsky), Elton-Bowring room, 1st floor	
1530-1550	Jiri Horacek et al (Czech Rep.) <i>Clinical and experimental potential of psychedelics</i>
1550-1610	Jana Koprivova (Czech Rep.) <i>The effect of daytime psilocybin administration on sleep</i>



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1610-1630	Martin Brunovsky (Czech Rep.) <i>QEEG prefrontal theta cordance and alpha asymmetry in the prediction of response to antidepressants treatment</i>
1630-1650	Iveta Fajnerova (Czech Rep.) <i>Possible Applications of Virtual Reality in Neuroscience Research, Diagnostics and Therapy of Mental Disorders</i>
1655-1710	Medical Students Award Ceremony, Riley Auditorium (RA)
1710-1715	Dr Zaman <i>Close of the day remarks</i>

Friday 6th September (Day 2)	
0800-0900	Registrations
Symposium 6: LifeStyle Mental Health (Chair: Dr Zaman & Prof Fletcher), Riley Auditorium (RA) 0905-1015	
0900-0925	Paul Fletcher (Cambridge, UK) <i>Food Choices: who's actually in charge?</i>
0925-0940	Tamara Cohen (UK) <i>Lifestyle medicine, a functional approach to mental health care</i>
0940-0955	Rashid Zaman (Cambridge, UK) <i>Lifestyle factors and mental health</i>
0955-1015	Claire Steves (UK) <i>The gut microbiome and its putative role in mental health and cognition</i>
Symposium 7: EPA Mental Health and Intellectual Disabilities (MHID) Symposium (Chair: Prof Krysta and Prof Zia), Riley Auditorium (RA) 1015-1125	
1015-1035	Ted Carrick (USA) <i>Brain Injury, Neurocognition and Mental Health Concerns</i>
1035-1055	Krzysztof Krysta (Poland) <i>Services for patients with intellectual disability and mental health problems in Poland</i>
1055-1110	Bhathika Perera (UK) <i>ADHD in People with ID: future of diagnosis and treatment</i>
1110-1125	Regi Alexander (UK) <i>Autistic typologies in offending behaviour- the MATCH study</i>
1125-1145	Coffee/Posters
1145-1210	Derek Tracy (UK) <i>Novel Psychoactive Substances: what you need to know?</i>
1210-1230	Ahmed Hankir (UK) <i>Nothing about us without us: Expert by Personal and Professional Experience</i>
1230-1245	Tony Rao (UK) <i>Does Alcohol Related Brain Damage need a re-brand?</i>
1245-1300	Posters
1300-1350	Lunch/Posters
1350-1420	Christos Pentalis (Australia) <i>Trajectories of brain change in psychosis: Impact of risk and resilience factors</i>



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1420-1430	Anne-Frederique Naviaux (Ireland) <i>Case report: use of Mirtazapine in a 12 year old diagnosed with ARFID (Avoidant/Restrictive Food Intake Disorder)</i>
1430-1445	Zeeuws D., Cocquereaux K.(Belgium) <i>Patient's and general practitioner's perspectives regarding disturbed eating</i>
1445-1500	Angie Cucchi (UK) <i>Eating disorders and personality disorders: the role of mentalising</i>
1510-1530	Tea/Posters
Symposium 8: Neurodevelopmental Disorders, Italian perspective (Chair: Prof Elisei & Dr Tavormina), Riley Auditorium (RA) 1530-1705	
1530-1550	Sandro Elisei (Italy) <i>Beyond the disease: Am I my brother's keeper?</i>
1550-1605	Moreno Marchiafava (Italy) <i>Evaluation of rehabilitation treatment's quality in neurodevelopmental disorder</i>
1605-1620	Simone Donnari (Italy) <i>New technologies for art therapy interventions tailored on severe disabilities</i>
1620-1635	Chiara Bedetti (Italy) <i>The effect of Mozart's music in severe epilepsy: functional and morphological features</i>
1635-1650	Marilena Gubbiotti (Italy) <i>Urinary and bowel dysfunction in autism spectrum disorder</i>
1650-1705	Livia Buratti (Italy) <i>Mathematics anxiety and cognitive performance in adolescent students</i>
Psychiatry Trainees & PhD Students Award Ceremony, Riley Auditorium (RA)	
1715-1730	Psychiatry Trainees & Phd Students presentations Award Ceremony, Riley Auditorium (RA)
1730-1735	Dr Rashid Zaman <i>End of Conference - Closing Remarks</i>

Friday 6th September (Day 2)

Day 2, Parallel session, Adolescent Mental Health, (Chair: X & Y), Elton-Bowring Room, 1st floor

0930-0950	Juan Tecco (Belgium) <i>Pregnancy during adolescence</i>
0950-1005	Brice Lepiece (Belgium) <i>Mental health status of adolescents in transition to young adulthood</i>

Day 2, Parallel session, Suicide & Mental Health (Chair: Peter Pregeli & Y), Elton-Bowring Room, 1st floor

1005-1025	Peter Pregelj (Slovenia) <i>Suicidal behavior between environmental and genetic factors</i>
1025-1040	Alja Videtic Paska, Katarina Kouter, Tomaz Zupanc (Slovenia) <i>Genome-wide methylation patterns in suicide victims: Identification of new candidate genes</i>
1040-1055	Tomaz Zupanc (Slovenia) <i>Treatment compliance and suicidal behavior</i>
1055-1110	Katarzyna Jakuszkowiak Wojten (Poland) <i>Suicidality in treatment resistant depression: perspective for ketamine use</i>



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1110-1125	Alina Wilkowska (Poland) <i>Clozapine: a promising treatment for suicidality in bipolar disorder</i>
1125-1145	Coffee/Posters
Psychiatric Trainees presentations competition (6 mins each), Elton-Bowring Room, 1st floor	
1145-1300	Psychiatric Trainees competition, 6 mins each , 11 presentations, (Chair X & Y)
1300-1350	Lunch/Posters
PhD Students presentations competition (6 mins each), Elton-Bowring Room, 1st floor	
1350-1510	PhD students competition, 6 mins each , 13 presentations, (Chair X & Y)
1510-1530	Tea/Posters
PhD Students & Psychiatry Trainees Award Ceremony, Riley Auditorium (RA)	
1715-1730	PhD Students & Psychiatry Trainees presentations Award Ceremony, Riley Auditorium (RA)
1730-1735	Dr Zaman <i>End of Conference - Closing Remarks</i>

Organising Committee

Dr Rashid Zaman (Chief Organiser)
Dr Nadeem Mazi-Kotwal
Dr Ahmed Hankir
Prof Monem Jemni
Dr Muzaffer Kaser

International Organising Committee

Mark Agius (Malta & UK)
Chris Baeken (Belgium)
Frederick R Carrick (USA)
Sandro Elisei (Italy)
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