

## BCMHR – CU

*Bedfordshire Centre for Mental Health Research  
in association with University of Cambridge*

<b>Thursday 8th September 2011</b>	
<b>Cancer Research UK, University of Cambridge, Addenbrooke's site</b>	
<b>0815 - 0910</b>	<b>Conference opening/Registration/Posters</b>
0910 - 0920	<b>Welcome &amp; opening remarks</b> <b>Dr Rashid Zaman, Dr Mark Agius, Prof Peter Jones and Dr Patrick Geoghegan</b>
<b>Keynote Speech (Chair: Mark Agius)</b>	
0920 - 0955	Prof. Cyril Hoschl [Czech Rep. Ex-President EPA] <i>The Use of Placebos in Psychiatry</i> <b>The Robin Pinto lecture</b>
<b>Symposium: Bipolar Disorders: Neuroscience (Chair: Rashid Zaman &amp; Mark Agius)</b>	
0955 - 1020	Prof. Thomas Frodl [Ireland] <i>Neuroimaging of Mood Disorders</i>
1020 - 1035	Dr Peter Pregelj [Slovenia] <i>Gene/Environment interactions in Bipolar Disorder</i>
1035 - 1050	Dr Giuseppe Tavormina [Italy] <i>Somatic symptoms and the Bipolar Spectrum</i>
1050 - 1105	Jasmine Ho and Saurabh Singh [Cambridge, UK] <i>Treating Affective mixed states</i>
<b>1105 - 1140</b>	<b>Coffee</b>
<b>Symposium: OCD &amp; PTSD (Chair: Giuseppe Tavormina &amp; Mark Agius)</b>	
1135 - 1145	Dr Don Servant [Bedford UK] <i>Audit of OCD in a typical British CMHT</i>
1145 - 1155	Laura Darby [Cambridge UK] <i>Comorbidity of OCD and Bipolar Disorder in a CMHT</i>
1155 - 1215	Prof Eva Palova [Kosice, Slovakia] <i>Comorbidity of Personality Disorders and OCD</i>
<b>1215 - 1400</b>	<b>Lunch/Posters</b>
<b>Symposium: PTSD (Chair: Mark Agius &amp; Dr Najim Hallme)</b>	
1400 - 1415	Emily Middleton [Cambridge UK] <i>Audit of PTSD Patients in a CMHT</i>
1415 - 1445	Samar Musmar [Nablus] <i>PTSD in Palestine</i>
14.45- 15.10	Dr Anne Lindhardt [Denmark] <i>Development of National mental health service in Denmark: Implications for treatment of schizophrenia</i>
<b>1930</b>	<b>Conference Dinner: Sidney Sussex College</b>

**Friday 9th September 2011****Cancer Research UK, University of Cambridge, Addenbrooke's site****Symposium: Schizophrenia 1 (Chair: Dr Pauline Roberts & Dr Jesus Perez)**

0900 – 0920	Dr Krzysztof Krysta [Poland] <i>Cognition in Dual Diagnosis</i>
0920 – 0940	Dr James Kirkbride [Cambridge UK] <i>Increased referral to Early Intervention Services</i>
0940 – 1000	Andreas Hagianicolau [Cambridge] and Mark Agius [Bedford] <i>Six year Outcomes in Early Intervention in Psychosis</i>
1000 – 1015	Dr Rashid Zaman – [Cambridge/Bedford] <i>Exercise helps Depression: Neurobiology</i>

**Keynote Speech (Chair: Rashid Zaman)**

1015 – 1050	Prof. Peter Jones [Cambridge, UK] <i>The impact of Research</i>
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**1050 – 1120 Coffee****Symposium: Schizophrenia 2 (Chair: Dr Rob MacInnes & Dr Thilak Ratnayake)**

1120 – 1140	Dr Barbara Bavdaz [Italy] <i>Developing An Early Intervention in Psychosis service in Trieste</i>
1140 – 1155	Dr Anton Grech [Malta] <i>Genes/Environment interaction in the aetiology psychosis</i>
1155 – 1210	Prof. Koksal Alptekin [Turkey] <i>Social cognition in schizophrenia</i>

**Keynote Speech (Chair: Thomas Frodl)**

1210 - 1240	Prof Eva Meisenzahl [Germany] <i>Neuroimaging of Schizophrenia</i>
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**1240 - 1400 Lunch/ Posters****Satellite Symposium (Sponsored by Lilly)**

1300 – 1400	<b><i>Opportunities &amp; Challenges in the Treatment of Patients with Major Depressive Disorder</i></b>
1300 - 1305	Registration
1305 - 1315	Welcome and Introduction - Prof. Cornelius Katona, University College, London
1315 – 1355	<i>Making the Most of our Existing Antidepressants: Starting, Switching and Stopping</i> – Prof. Christopher Hawley, University of Hertfordshire (UK)
1355-1400	Questions & Discussion

**Symposium: Immunology and Depression 1 (Chair: Mark Agius and Nicholas Zdanowicz)**

1400 - 1430	Prof. Norbert Muller [Germany] <i>Immunomodulation as a therapeutic approach in treatment of Major Depression</i>
1430 - 1445	Dr A M Myint [Germany] <i>Gene -Biochemical interaction on immune - neurochemical systems in Mood Disorders</i>
1445 – 1500	Dr J Steiner [Germany] <i>Structural and morphological aspect of immune - kynurenines changes in suicidal patients with Mood Disorders</i>

**Keynote Speech (Chair: AM Myint)**

1500 - 1530	Dr Carmine Pariante [London, IOP, UK] <i>Neurogenesis and Depression.</i>
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<b>1530 - 1600</b>	<b>Coffee</b>
<b>Symposium: Immunology and Depression &amp; Psychosis 2 (Chair: Carmine Pariente and Norbert Muller)</b>	
1600 - 1615	Dr M Mühlbacher [Austria] <i>Biochemical and immune parameters changes in different phases of Bipolar Disorder</i>
1615 - 1630	Dr V Bergink [Netherlands] <i>Monocyte mRNA signature on inflammatory response system in post - partum psychosis progressing to bipolar disorder</i>
1630 - 1645	Dr Ben Baig [Edinburgh, UK] <i>Relationship between Depression and Crohn's Disease</i>
<b>2000</b>	<b>Dinner (Trinity Hall speakers only)</b>

<b>Saturday 10th September 2011</b>	
<b>Cancer Research UK, University of Cambridge</b>	
<b>Keynote Speech (Chair: Mark Agius)</b>	
0930 - 1000	Prof. Zoltan Rhimer [Hungary] <i>Suicidality and Bipolar Disorder</i>
<b>Symposium – Neuroscience (Chair: Prof Pradeep Nathan &amp; Prof Chris Baeken)</b>	
1000 - 1015	Dr Vera Bubenikova - Valesova, Jana Puskarcikova, Jiri Horacek [Czech Republic] <i>The effect of tandospirone on expression of NMDA receptor subunits and cognitive function.</i>
1015 - 1035	Prof. Jiri Horacek, Jaroslav Flegl, Filip Spaniel, Tomas Novak, Tomas Palenicek, Vera Valesova [Czech Republic] <i>Latent toxoplasmosis reduces gray matter density in schizophrenia but not in controls</i>
1035 - 1100	Alex Kershaw [UK] <i>Cambridge Bipolar Survey</i>
1100 - 1125	<b>Coffee</b>
<b>Symposium – Belgian Symposium (Chair: Prof N Zdanowicz, Prof C Baeken )</b>	
1125 - 1150	Prof. N. Zdanowicz [Belgium] <i>Prediction of Health and Service Development</i>
1150 – 1205	Dr S Herremans [Belgium ] <i>The influence of one right-sided prefrontal HF-rTMS session on alcohol craving: preliminary results of a naturalistic study</i>
1205 - 1220	Prof Chris Baeken – [Belgium] <i>Lateralized effects of one dorsolateral prefrontal HF - rTMS session on approach and withdrawal related emotional neuronal processes</i>
1220 - 1240	Prof Ph de Timary [Belgium] <i>Several lines of evidence may explain the difficulty of access to treatment of alcohol - dependent subjects</i>
1240 - 1300	Dr D. Jacques [Belgium] - <i>Simultaneous tobacco and alcohol withdrawal: intensity of withdrawal symptoms and clinical consequences</i>
<b>1300 – 1400</b>	<b>Lunch/Posters</b>

<b>Symposium - Telemedicine and Information Technology (Chair: Mark Agius)</b>	
1400-1430	Dr Davor Mucic [Denmark] <i>Telemedicine in Psychiatry</i>
1430 - 1500	Dr F Spaniel [Czech Republic] <i>ITAREPS Preventing Schizophrenia Relapse by information Technology.</i>
<b>Symposium: Attracting Medical students/new doctors into Psychiatry (Chair: Dr Hugo de Waal)</b>	
1500 - 1520	Dr Boris Jankov [UK] <i>Training at St Andrews Healthcare</i> Dr A Metastasio [UK] <i>Mentoring Scheme</i>
1520 - 1530	Dr Rashid Zaman [Cambridge/Bedford] <i>Attracting Undergraduates and Postgraduates to Psychiatry</i>
1530 - 1700	International Competition: Best oral presentation by medical students & foundations doctors. Each presentation 10 minutes.
<b>1700</b>	<b>Conference Summary and Closure</b>

### Conference Location

Cancer Research UK,  
University of Cambridge, Addenbrooke's Hospital site  
Hills Road, Cambridge, CB2 2QQ, UK

### Sponsors:

- Ely Lilly
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