

**5th Biennial Cambridge & Bedford
International Conference on Mental Health
11th -14th September 2015**

Friday 11th September 2015 - Day 1	
0900-0905	Welcome and Opening Remarks Rashid Zaman, Mark Agius
Keynote Speech 1 [Chair: Rashid Zaman]	
0905-0930	Trevor Robbins [Cambridge, UK] <i>Impulsivity and Compulsivity, Neuroscience</i>
Symposium 1: Impulsivity in Psychiatric Disorders [Chair: Rashid Zaman, Trevor Robbins]	
0930-0950	Johannes Thome [Germany] <i>Adult ADHD and increased impulsivity</i>
0950-1005	Valerie Voon [Cambridge, UK] <i>Compulsivity</i>
Symposium 2: TMS and rTMS in Psychiatric Disorders [Chair: Chris Baeken, Rashid Zaman]	
1005-1020	Rashid Zaman [Cambridge, UK] <i>TMS and rTMS in ADHD</i>
1020-1035	Chris Baeken [Ghent, Belgium] <i>Accelerated intermittent theta burst stimulation: a road to fast remission in medication resistant depression?</i>
1035-1045	Sarah Herremans [Brussels, Belgium] <i>Accelerated HF-rTMS in alcohol-dependent patients</i>
1045-1055	Duprat Romain [Ghent, Belgium] <i>The effects of Theta Burst Stimulation on the reward system</i>
1055-1115	Coffee
Keynote Speech 2 [Chair: Mark Agius]	
1115-1135	Stefan Priebe [London, UK] <i>Patient-clinician interactions in community mental health care - how can they be influenced to improve outcomes?</i>
Symposium 3: Depression [Chair: Mark Agius]	
1135-1140	Helen Henfrey [Manchester, UK] <i>The Management of Patients with Depression In Primary Care: An Audit Review</i>
1140-1150	Wiesław J. Cudała [Gdansk, Poland] <i>Abrupt discontinuation of antidepressant treatment: effects on cognitive function</i>
1150-1200	John Harper [Cambridge, UK] <i>Rize to reduce symptoms of stress, anxiety and depression.</i>
1200-1210	Muzaffer Kaser [Cambridge, UK] <i>Cognition in remitted depression.</i>
1210-1310	Lunch
Symposium 4: Bipolar Disorder [Chair: Mark Agius]	
1310-1325	Giuseppe Tavormina [Italy] <i>Clinical application of the rating scale for mixed states (G.T. MSRS) : 35 cases reports</i>
1325-1335	Martha Fawcett and Mark Agius [Cambridge, UK] <i>If Bipolar II and Bipolar I have different Genotypes, how can one convert into the other?</i>
1335-1345	Luca Pauselli and N. Verdolini [Perugia, Italy] <i>Bipolar and borderline personality disorders: a descriptive comparison of psychopathological aspects in patients discharged from an Italian inpatient unit using PANSS, BPRS and SCID-II</i>
1345-1355	Mariusz S. Wiglusz [Gdansk, Poland] <i>Overlapping phenomena of bipolar disorder and epilepsy - a common pharmacological pathway</i>
1355-1405	Wiesław J. Cudała [Gdansk, Poland] <i>Diffusion-weighted imaging of the brain in bipolar disorder: a case report</i>
1405-1415	Mark Agius, Norma Verdolini [Cambridge and Perugia] <i>The Cambridge-Perugia Inventory for assessment of Bipolar Disorder</i>
1415-1430	Daniel Deitch [London, UK] <i>Bipolar Disorder in Primary Care</i>
1430-1440	Jonathan Rogers [London, UK] <i>A deafferentation hypothesis for bipolar disorder based on neuroplasticity</i>
Keynote Speech 3 [Chair: Mark Agius]	
1440-1500	Kar-Ray Manaan [Cambridge, UK] <i>Global Promise</i>
1500-1515	Coffee
Symposium 5: Schizophrenia 1 [Chair: Rashid Zaman, Jesus Perez]	
1515-1530	Emilio Fernandez-Egea [Cambridge, UK] <i>Clozapine Research</i>
1530-1545	Yuliya Zaytseva [Prague, Czech Republic] <i>EEG correlates of cognitive tasks in schizophrenia and schizoaffective disorder.</i>
1545-1600	Koksal Alptekin [Ismir, Turkey] <i>First episode psychosis related to cognitive dysfunctions.</i>
1600-1615	Jesus Perez [Cambridg, UK] <i>Case Identification of Psychosis in Primary Care</i>
1615-1630	Hannah E Jongsma [Cambridg, UK] <i>A systematic review and meta-analysis of the incidence of psychotic disorders in Brazil, France, Italy, the Netherlands and Spain.</i>

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1630-1645	Igor Filipčić [Zagreb, Croatia] <i>Prevention of mortality and morbidity in acute and chronic psychiatric patients</i>
Keynote Speech 4 [Chair: Mark Agius]	
1645-1705	Eva Meisenzahl [Munich Germany] <i>Personalised Prognostic Tools for Early Psychosis Management</i>
Symposium 6: Schizophrenia 2 [Chair: Mark Agius]	
1705-1720	Branka Restek-Petrović, Anamarija Bogović, Majda Grah, Igor Filipčić, Ena Ivezić [Zagreb, Croatia] <i>Personality characteristics of psychotic patients as possible motivating factor for participating in group psychotherapy- a preliminary study</i>
1720-1730	Francesco Franza, V. Fasano, S. De Guglielmo, B. Solomita [Italy] <i>Management of primary negative symptoms in schizophrenia: a one-year observational study</i>
1730-1740	Su Li <i>Temporal Perception Deficits in Schizophrenia: Integration is the problem, not Deployment of Attention</i>
1740-1750	Mariusz S. Wiglusz [Gdansk Poland] <i>Rapid-onset agranulocytosis in a patient treated with clozapine and lamotrigine</i>
1750-1800	Elena Conci and Mark Agius [Cambridge UK] <i>How does Schizophrenia occur and can delusions be protective to the person?</i>
1800-1820	Jiri Horacek [Prague, Czech Rep] <i>From functional neuroanatomy to the stereo-selective treatment: rTMS in schizophrenia.</i>
Keynote Speech 5 [Chair: Rashid Zaman]	
1820-1845	Cyril Hoschl [Prague, Czech Republic] <i>Is ADHD a historical novelty?</i>
1900	Drinks at Scholar's Garden
1930	Gala Dinner Clare College Great Hall

Saturday, 12th September 2015 - Day 2

Symposium 7: Free Papers [Chair: Mark Agius]	
0830-0840	Anton Grech [Malta] <i>Adolescents and drug abuse in Malta.</i>
0840-0850	Anna Warchala [Katowice] <i>Assessment of adherence to the inhibitors of tyrosine kinase in a group of patients with chronic leukemia</i>
0850-0900	Romina Tavormina, Maurilio Giuseppe Maria Tavormina, Eugenio Nemoianni [Italy] <i>Dance and go on</i>
Keynote Speech 6 [Chair: Rashid Zaman]	
0900-0920	Peter Pregelj [Ljubljana, Slovenia] <i>Suicidal behaviour from unemployment to genetic polymorphisms in a population with high suicidal rate</i>
Symposium 8: Suicidality [Chair: Mark Agius]	
0920-0930	Tomaž Zupanc [Slovenia] <i>The role of environmental and genetic risk factors regarding the decision for complex suicide.</i>
0930-0940	Wilma Di Napoli [Italy] <i>Suicide and attempted suicide: results from a local suicide prevention project</i>
0940-0950	Valentina Delbello, N. Verdolini, L. Pauselli, F. Bernardini, L. Attademo, R. Quartesan, P. Moretti [Perugia] <i>Personality and psychotic symptoms as predictors of self-harm and attempted suicide</i>
Keynote Speech 7 [Chair: Rashid Zaman]	
0950-1010	Ed Bullmore [Cambridge, UK] <i>Immunopsychiatry</i>
Symposium 9: Immunopsychiatry [Chair: Ed Bullmore, Rashid Zaman]	
1010-1030	Carmine Pariante [London, UK] <i>Using inflammatory biomarkers to personalise antidepressant treatment</i>
1030-1040	Micheal Zandi [Cambridge, UK] <i>The relevance of NMDAR and related autoantibodies to psychiatry</i>
1040-1055	Zdanowicz Nicolas [Louvain, Belgium] <i>Immunity, depression and family.</i>
1055-1110	Norbert Muller [Munich, Germany] <i>Review of use of Anti-inflammatories as Augmentation in Mental Illness</i>

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1110-1125	Golam Khandaker [Cambridge,UK] Systemic Inflammation and Psychosis: Evidence from population based studies
1125-1135	Coffee
Keynote Speech 8 [Chair: Rashid Zaman]	
1135-1155	Lisa Ronan [Cambridge, UK] <i>How the cortex gets its shape</i>
Symposium 10: Old Age Symposium [Chair: Nadeem Mazi-Kotwal]	
1155-1200	Nadeem Mazi-Kotwal [Bedford, UK] <i>Shared Care in Dementia</i>
1200-1210	Claire Harwell [Cambridge, UK] <i>Modelling Alzheimer's Disease Progression in Organotypic Brain Slices</i>
1210-1220	Ian Coyle-Gilchrist [Cambridge, UK] <i>Heterogeneity in Frontotemporal Lobar Degeneration or Apathy in FTL</i>
1220-1235	Su Li [Cambridge, UK] <i>Longitudinal assessment of brain molecular changes in dementia via PET and MRI/MRS</i>
1235-1245	Elijah Mak [Cambridge, UK] <i>Baseline and longitudinal grey matter changes in newly diagnosed Parkinson's disease - The ICICLE-PD study</i>
1245-1250	Francesca Falzon Aquilina [Malta] <i>Terminal Care in Dementia.</i>
1250-1345	Lunch [During this time there is a Satellite Symposium by Sunovion Pharmaceuticals]
Keynote Speech 9 [Chair: Rashid Zaman]	
1345-1405	Frederick Carrick [Harvard, USA] <i>PTSD in combat veterans.</i>
Symposium 11: Psychological Trauma [Chair: Mark Agius]	
1405-1410	Ivan Urlic [Split, Croatia] <i>Setting up a Group Based Centre for treatment of PTSD in Dalmatia</i>
1410-1415	Norma Verdolini [Perugia, Italy] <i>Traumatic events and their association with psychiatric illness</i>
1415-1425	Francesco Franza [Italy] <i>Psychiatric caregiver stress: clinical implications of compassion fatigue</i>
1425-1435	Sania Biocina <i>Analysis of the therapeutic factors in the Therapeutic Community Pods used among war related diagnosis and others.</i>
Keynote Speech 10 [Chair: Mark Agius]	
1435-1450	Delvenne Veronique [Bruxelles, Belgium] <i>Borderline personality disorders in adolescents : results of the European Network.</i>
Symposium 12: Anxiety Disorders [Chair: Mark Agius]	
1450-1505	Jacques Denis [Louvain, Belgium] <i>Relaxation and impact on the health locus of control.</i>
1505-1520	Krzysztof Krysta [Katowice, Poland] <i>Modern indications for the use of opipramol</i>
1520-1535	Katarzyna Jakuszkowiak-Wojten [Gdansk, Poland] <i>Impulsivity in anxiety disorders. A critical review</i>
1535-1545	Koprivova J.Z.K [Prague, Czech Republic] : <i>Structural and functional correlates of obsessive-compulsive disorder</i>
1545-1600	Coffee
Keynote Speech 11 [Chair: Mark Agius]	
1600-1620	Spaniel F [Prague, Czech Republic] <i>ITAREPS Remote sensing data in psychiatry: New devices and wearables. New perspectives.</i>
Symposium 13: Community Psychiatry [Chair: Mark Agius]	
1620-1635	Winkler P [Prague, Czech Republic] <i>Discharges of long-term psychiatric inpatients in the Czech Republic</i>
1635-1650	Sławomir Murawiec [Warsaw, Poland] <i>Mental health and integration</i>
1650-1705	Wilma Di Napoli [Italy] <i>The Information communication technologies [ICT] innovation in mental Health: the Health Technology Assessment [HTA] approach in an Italian Mental Health Service -</i>
1705-1710	Romina Tavormina, M.G.M. Tavormina, E. Nemoianni , G. Tavormina [Italy] <i>A questionnaire to assess social stigma</i>
1710-1715	Jennifer Spencer, Terry Dickerson <i>Patient Safety Culture in Mental Health Crisis Teams And its Management: Variation at Hierarchical levels within an Organisation</i>
1715-1735	Julliette Mullin [London, UK] <i>Film; What skills should GPs have for working with Mental Health Patients.</i>
Symposium 14: Psychiatry and Endocrinology [Chair: Mark Agius]	
1735-1740	Katarzyna Jakuszkowiak-Wojten [Gdansk, Poland] <i>Cortisol as an indicator of HPA [hypothalamic-pituitary-adrenal] axis dysregulation in patients with panic disorder. A Review</i>

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1740-1755	Pavel Mohr [Prague, Czech Republic] <i>The role of steroid metabolome in the pathophysiology and diagnosis of mental disorders.</i>
1755-1800	Agnieszka Bratek [Katovice, Poland] <i>Psychiatric Disorders associated with Cushing's Syndrome.</i>
1800-1805	Agnieszka Bratek [Katovice, Poland] <i>Effects of Hormones on Cognition in Schizophrenic Male Patients; Preliminary Results.</i>
1805-1810	Helen Gaete with Mark Agius, [Bedford, UK] <i>Hypothalamus-Pituitary-Adrenal Axis, Hair Cortisol and the Metabolic Syndrome</i>
Symposium 15: Free Papers 2 [Chair: Mark Agius]	
1810-1820	Lepiece Brice [Louvain] <i>Poverty, social inequality and mental health</i>
1820-1830	Tecco Juan [Mons-Bborinage, Belgium] <i>An economic analysis of different cannabis decriminalisation scenarios</i>
1830-1840	Anna Warchala [Katowice] <i>Assessment of illness acceptance, emotional control, life orientation and mental adjustment in a group of patients with acute leukemia in the course of bone marrow transplantation</i>
1840-1850	Iqbal Mohiuddin [Luton, UK] <i>Radicalisation and Psychiatry</i>
1850-1910	Federic Haesebaert [Lyon, France] <i>Involvement of the left Temporal Lobe in the pathogenesis of auditory hallucinations : insights from electrophysiology and neuromodulation</i>
1910-1930	Brunovsky M [Prague, Czech Republic] <i>QEEG signatures of remitted bipolar patients and offspring of bipolar parents.</i>
1940	Dinner Clare College Great Hall
Saturday, 12th September 2015 - Day 2 Satellite Symposium	
Early Career Psychiatrists Scientific Track at Elton-Bouring Room	
International Career Opportunities [Chair: Olivier Andlauer]	
1000-1005	Olivier Andlauer [London, UK] <i>Introduction</i>
1005-1025	Nikolina Jovanovic [London, UK] <i>The Gaining Experience Program of the European Psychiatric Association</i>
1025-1050	Peter Hughes [International Advisory Committee of the RCPsych, UK] <i>The Volunteering and International Psychiatry Special Interest Group of the Royal College of Psychiatrists</i>
1050-1110	Subodh Dave [Associate Dean for Trainee Support, RCPsych, UK] <i>Challenges and opportunities for International Medical Graduates</i>
1115-1130	Coffee
1130-1140	Yuliya Zaytseva [Prague, Czech Republic] <i>How to travel to... do research at Ludwig Maximilians Universität, Munich, Germany</i>
1140-1150	Sophie Butler [London, UK] <i>How to travel to... do clinical and research work in Melbourne, Australia</i>
1150-1200	Olivier Andlauer [London, UK] <i>How to travel to... do research at Stanford University, California, USA</i>
1200	Conclusion
1250-1345	Lunch [During this time there is a Satellite Symposium by Sunovion Pharmaceuticals]
Psychotherapy workshop Interactive Workshop Led by Guy Undrill [Bristol, UK]	
1400-1515	Motivational Interviewing: Generic techniques
1515-1530	Coffee
1530-1645	Motivational Interviewing: Generic and Specific techniques used in Psychosis
1645	Conclusion

Sunday, 13th September 2015 - Day 3	
Symposium 16: Free Papers 3 [Chair: Mark Agius]	
0900-0915	Raymond Chan [Beijing, China] <i>Cognitive, emotional and neurobiological abnormalities in patients with schizophrenia</i>
0915-0930	Ivan Urlic, A. Russo [Split, Croatia] <i>Forensic assessment of human resources</i>
0930-0945	Giada Juli, L. Juli [Italy] <i>Genetic of addiction: common and uncommon factors</i>
0945-1000	Delić Mirjana , Lusa Lara, Pregelj Peter [Ljubljana, Slovenia] <i>Factors associated with outcome of inpatient opioid addiction treatment</i>

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1000-1005	Androvicova Renata [Prague, Czech Republic] <i>Manipulation of brain activation by visual erotic stimuli: an fMRI study</i>
1005-1010	John E. Lawrence [Cambridge, UK] <i>Neuropsychiatric Manifestations of Colloid Cysts: a review of the literature.</i>
1010-1015	Kim Rod [Canada] <i>Observing the Effects of Mindfulness-Based Meditation on Anxiety and Depression in Chronic Pain Patients</i>
1015-1020	Mélanie Bruneau [France] <i>A multi-state model with a markovian approach to analyse gambling transitions of adult gamblers</i>
1020-1035	Coffee
Keynote Speech 12 [Chair: Rashid Zaman]	
1035-1055	Christos Pantelis [Melbourne, Australia] <i>Trajectories of brain change during development: Understanding risk and resilience factors for emerging mental illness</i>
Symposium 17: Eating Disorders [Chair: Mark Agius]	
1055-1110	Moretti [Perugia] <i>The psychosomatic spectrum: a clinical-analytic survey of the relationship between eating disorders and migraine</i>
1110-1115	Francesca Falzon-Aquilina [Malta] <i>Dar il-Kenn Ghal-Satek, an eating disorder unit in Malta</i>
1115-1120	Van Autreve Sara [Ghent, Belgium] : <i>Greater insular involvement in the restrictive than in the bingeing/purging subtype of anorexia nervosa in a set-shifting task : An fMRI study</i>
1120-1125	Maria Rosaria Juli [Italy] <i>Can eating disorders be also a result of a suffered violence?</i>
Symposium 18: Learning Disabilities [Chair: Shahid Zaman, Howard Ring]	
1125-1140	Jane McCarthy [UK] - <i>Offenders with Intellectual Disabilities</i>
1140-1155	Howard Ring [Cambridge, UK] - <i>Epilepsy in people with intellectual disability</i>
1155-1210	Shahid Zaman [Cambridge, UK] - <i>Dementia in Down's syndrome-prospects for prevention</i>
1210-1225	Robert Nixon, Dolly Gray [UK] - <i>Could practical social learning methods compliment existing treatments for intellectually disabled people with mental health issues</i>
1225-1240	Krzysztof Krysta [Katovice, Poland] - <i>Development of vocational training systems for patients with intellectual disability in Poland</i>
Symposium 19: Autistic Spectrum Disorders [Chair: Sonja Biocina]	
1240-1300	Adrian Attard Trevisan [Malta] - <i>Mente Headband Latest Trials.</i>
1300-1310	Sanja Biocina [Zagreb, Croatia] <i>Neurobiofeedback Application in the treatment of Autistic Spectrum Disorders.</i>
1310-1325	Ahmad Abu Akel [Birmingham, UK] <i>The interactive effect of autism and schizophrenia spectrum disorders on attentional and socio-cognitive abilities.</i>
1325-1415	Lunch
Symposium 20: Trainees Competition [Chair: Rashid Zaman, Mark Agius]	
1415-1515	
Symposium 21: Medical Students Competition [Chair: Rashid Zaman, Mark Agius]	
1515-1615	
1615-1630	Coffee
Symposium 22: The Media and Psychiatry [Chair: Phoebe Collins, Sal Anderson]	
1630-1745	Phoebe Collins <i>The Media and Psychiatry</i>
1800	Concert in Chapel
1900	Drinks in Scholars Garden
1930	Dinner Clare College Great Hall

Monday, 14th September 2015 - Day 4	
Day Dedicated to Psychiatry and the Human Person and the Wider World	
0900-0905	Mark Agius, Sandro Elisei <i>Introduction</i>
Psychiatry and future [Chair: Rashid Zaman, Mark Agius]	
0905-0925	Blanka Kores Plesničar [Ljubljana, Slovenia] <i>Where is psychiatry today and where will it be tomorrow?</i>
0925-0945	Barbara Sahakian [Cambridge, UK] <i>Neuroscience, Mental health and Society</i>
0945-1005	Miro Jakovljevic [Zagreb, Croatia] <i>Personalised Psychopharmacotherapy; What is it?</i>
Transcultural Psychiatry [Chair: Mark Agius]	

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1005-1020	Najim Helme [Basildon, UK] <i>Transcultural Psychiatry</i>
1020-1030	Coffee
Philosophy of Psychiatry [Chair: Mark Agius, Michael Musalek]	
1030-1050	Michael Musalek [Vienna, Austria] <i>Philosophy of Psychiatry</i>
Psychology, Philosophy and the Human Person 1. [Chair: Mark Agius]	
1050-1105	Jozef Kociper [Maribor Slovenia] <i>Psychotherapists and the Socratic method of dialogue</i>
1105-1115	Maria Grazia Spurio [Italy] <i>Words that heal</i>
1115-1130	Giuseppe Stranieri [Italy] <i>Interaction between socio-economic-cultural changes and the depression in older people</i>
Empathy [Chair: Mark Agius, Ivan Urlic]	
1130-1140	Isabella Lindsley [Clare College, Cambridge, UK] <i>The concept of body language in the medical consultation</i>
1140-1150	Sophie Woodhead [Clare College, Cambridge, UK] <i>The doctor patient relationship; what if communication skills are not used? A Maltese story</i>
1150-1200	Agnieszka Bratek [Poland] <i>Claw your way - Machiavellianism among the medical community</i>
1200-1210	Mariusz Seweryn [Poland] <i>Empathy among physicians, medical students and candidates</i>
1210-1300	Lunch [In this time 3 short films on Psychiatry will be shown]
Psychology, Philosophy and the Human Person 2. [Chair: Ivan Urlic, James Hawkey]	
1300-1330	Rachael Harris [Cambridge, UK] <i>Mindfulness</i>
1330-1340	Mark Agius [Cambridge, UK] <i>Can Christian spirituality define the human person and help mental problems?</i>
1340-1350	Ahmed Hankir [Manchester, UK] <i>The View of a Muslim Doctor</i>
1350-1355	TBA <i>A note from a Jewish Doctor during Jom Kippur</i>
The Human Person [Chair: James Hawkey, Ivan Urlic]	
1355-1420	Catherine Welby Roberts <i>Depression and spirituality</i>
1420-1440	Mark Agius [Cambridge, UK] <i>The Human Person and the Doctor Patient Relationship</i>
1440-1500	Correy A. Burchman [Harvard, USA] <i>The Neurobiology of Creativity</i>
1500-1520	Sandro Elisei [Perugia, Italy] <i>Narcissus discovers the Other: a new hypothesis of care.</i>
1520-1540	Ivan Urlic [Split, Croatia] <i>Shame and Forgiveness after War.</i>
1540-1555	Coffee
The Arts and Psychiatry [Chair: Eva Palova, Mark Agius]	
1555-1610	Victoria Tischler [London, UK] <i>Art and the psyche</i>
1610-1625	Eva Palova [Kosice, Slovakia] <i>Painting and Psychiatry</i>
1625-1640	Lily Dabdoub and Jennifer Catterall [London, UK] <i>Music Therapy</i>
1640-1655	Ahmed Hankir [Manchester, UK] <i>Cinematherapy.</i>
1655-1715	Ahmed Hankir [Manchester, UK] <i>A poet and Mental Illness</i>
1715-1725	Joana Pato [Cambridge, UK] <i>A Possible Mental Health Recovery Route</i>
1725	Closure Mark Agius and Rashid Zaman
1930	Dinner Clare College Great Hall

Collaboration:

- Bedfordshire Centre for Mental Health Research in association with the University of Cambridge (BCMHR-CU)
- University of Cambridge
- Clare College, Cambridge
- East London Foundation Trust (ELFT)
- European Psychiatric Association (EPA)
- Mental Health Research Network (East Anglia)
- Catholic University of Louvain

Organising Committee:

- Dr Mark Agius
- Dr Rashid Zaman
- Dr Nadeem Mazi-Kotwal
- Prof. Ed Bullmore
- Prof. Nicolas Zdanowicz
- Dr Olivier Andlauer



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